



## The Baylor Clinic for Assessment, Research, and Education (CARE)

A Member of The Baylor University Center for Developmental Disabilities

### **Problem Behavior Intervention Programs**

Baylor CARE offers several intervention programs utilizing assessments and treatments based upon the science, principles, and concepts of applied behavior analysis. All programs are conducted in-person and require at least 4 hours of sessions per week. In most cases, sessions are scheduled in alignment with the Baylor University academic calendar.

Baylor university graduate students studying applied behavior analysis serve as therapists and are supervised by Baylor University faculty members. Baylor CARE is a research clinic whose mission is to contribute to the growing body of knowledge regarding the best educational and behavioral practices for individuals with intellectual and developmental disabilities. As a result, many clients will be asked to participate in ongoing research activities.

#### **Problem Behavior Support:**

The purpose of this program is to support caregivers in understanding and managing their child's problem behavior. An individual assessment and treatment program will be developed to target a reduction in problem behavior. Sessions will include one-on-one sessions and caregiver training/consultation. This program is designed for individuals 2 – 7 years old diagnosed with an intellectual or developmental disability (e.g., autism, Down syndrome, intellectual disability) who engage in aggression, self-injury, property destruction, and tantrums. Children who exhibit problem behavior that has resulted in injury to self or others that required medical treatment in the past six months will likely be referred to another program that can offer more intensive support.

To apply for any ABA program, complete the application and return to the Baylor CARE. Applications will be reviewed upon receipt. Accepted applicants will be placed with an available therapist or on the wait list on a first come, first serve basis.

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*Disclaimer: our programs are not intended to replace existing in-home, school-based, or clinic-based ABA programs, but instead to supplement such programs and other therapy programs that the client may be receiving.*